

THE PROVIDER PRESS

Linking Child Care Providers In Warren and Forest Counties

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CHARACTER COUNTS

How about a little character development in your program? Don't have the time? Think the children will be bored? Have you ever reminded a child to share a toy (fairness) or not hit their friends (respect)? Then you've been teaching character! Below are the 6 pillars of character, see how many you've been using in your program and come up with a few more ways to include them in your program!

TRUSTWORTHINESS

Be honest * Don't deceive, cheat or steal * Be reliable—do what you say you'll do * Have the courage to do the right thing * Be loyal—stand by your family, friends and country.

RESPECT

Treat others with respect * Use good manners, not bad language * Be considerate of other's feelings * Don't threaten, hit or hurt anyone!

RESPONSIBILITY

Always do your best * Persevere: keep on trying * Use self control * Think before you act—consider the consequences * Be accountable for your choices.

FAIRNESS

Play by the rules * Take turns * Share * Be open-minded; listen to others * Don't take advantage of others.

CARING

Be kind * Show others you care * Express thanks * Forgive others * Help people in need.

CITIZENSHIP

Cooperate * Be a good neighbor * Obey the rules * Respect others * Protect the environment.





PASTA SKELETON

Hope your children enjoy making this easy Halloween decoration.

Supplies:

A few different types of pasta or beans, like spaghetti, macaroni, tiny tube pasta, long tube pasta, wagon wheels, long spirals and tiny shells.

Black construction paper

White glue

White chalk for name writing.

Glue the pasta to the black paper using white glue. Have the kids arrange the pasta on the paper before gluing (to make sure that they have room for the whole body on the piece of paper). For younger children draw a skeleton outline in chalk and then have the children glue on pasta shapes.

PROVIDER TO PROVIDER

First Presbyterian Church

Our center proudly celebrated its 13th anniversary on July 24th. Staff and parents were invited to bring in treats to share with everyone. Our staff members showed their spirit by wearing embroidered shirts that were made just for us by one of our Advisory Board/Church members.

We are looking forward to the new Fall classes and having children move-up to the next age group. Most of our classes will be full, but we may have a few openings available. Our pre-school classes will continue to work on theme related activities as well as our regular learning activities such as art, music and science. We know it will be another busy school year of learning and growing!

Orchard Terrace Family Daycare

I am a family provider and the children love when I make Campbell's Souper Sloppy Joes! When I make it I double it so the kids can enjoy two sandwiches.

Campbell's Souper Sloopy Joes

Pre/Cook Time: 15 minutes

- 1 lb ground beef
- 1 can Campbell's Tomato Soup
- 1/4 c water
- 1 T yellow mustard
- 6 Hamburg rolls

Cook beef in skillet until brown. Pour off grease. Add soup, water and mustard. Heat through. Serve on rolls. Serves 6.

You can find this recipe and more on their website at:

www.campbellsoup.com

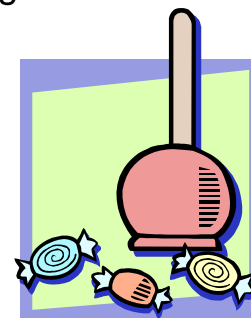
Jefferson DeFrees Family Center

First off my apologies for getting this newsletter out later than the August deadline. We were busy gearing up for Project Kidsafe at the fair and then of course for our fall enrollment!

Everyone is settling in and the children are busy getting to know one another. Our summer was really busy, with lots of fieldtrips, speakers, swimming and fun activities. In November, on a no school day, the children will participate in a fun event, based on the theme of "who stole the lunch?" One of the staff, will "steal" lunch and then leave clues which the children will use to figure out "who dun it"! We are hoping it will be great fun for the children and staff alike.

WORDS OF ENCOURAGEMENT

Good job * Excellent * Terrific*
 That's right * Wonderful I like
 the way you do that * I'm proud
 of you * Wow * Good for you *
 That's the way * Much better *
 What a clever idea * Keep it
 up* You're improving * You
 showed a lot of responsibility *
 You're great at that * Way to go
 * I appreciate the way you ...* I
 love you * I like you * Now
 you've got it*



NEWS FROM THE CCIS

The CCIS is going through a major transformation as of August 5th. The state has developed a new software program (it will actually be through a private Internet system) and Warren & Forest counties will be part of Wave 1 in the state. All of the staff will be going for training, new equipments is being delivered and installed and on-site "Go live" representatives will be in the CCIS office to make sure everything goes smooth. The CCIS has visited each licensed and registered provider to assist in completing a survey. This information will be entered into the new system to assist parents when they call for assistance in locating a provider. The information from the providers will be updated every 6 months. As with anything new, the CCIS staff are excited about the improvements, but nervous as Day 1 approaches. After the "bugs" are worked out, they are hoping for a more efficient system.

July 1st is the first day of the each new contract year. Year end information is gathered for state reports at the end of June. The CCIS entered into

agreements with 114 providers last year. The parent choice system is working well! A total of 2036 unduplicated people contacted the office for information or assistance.

The CCIS helps parents with the cost of care through subsidized funding, but currently has a waiting list since all available dollars are being utilized. The CCIS staff can't emphasize enough that parents who need help still need to complete an application. The waiting list is on a first come first serve basis and enrollment changes daily, so a person on the waiting list might receive a call informing them of available dollars the next day. The application process usually takes several days, so providers are encouraged to refer any new parents that might be eligible. Applications packets are available in the office for providers to keep on hand, if they wish.



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TRAININGS FROM PENN STATE COOPERATIVE EXT

Child Care is My Business

Saturday, October 19

Early Childhood Learning Center
330 East Spruce, Titusville PA

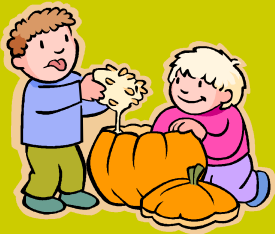
A one day conference for child care providers and early childhood educators. Six DPW credits will be offered. **Let's Talk...Discipline**
Thursday, October 24

Penn State Cooperative Extension
Rouse Home Avenue, Youngsville

Prevent behavior problems before they happen. Teach children to solve their own problems and what to do instead of "time out".



Contact Phyllis Wright at 563-9388 for times and registration information



PUMPKIN FUN

Enjoy these fun pumpkin ideas.

BAKED PUMPKIN

Remove fiber and seeds from the pumpkin. Cut into large pieces and place on a baking sheet. Bake at 350 degrees until it is fork tender. Remove the skin and mash with butter, salt and pepper to taste.

PUMKIN MUFFINS

- 1 1/2 cups flour
- 1/2 cup sugar
- 2 tsp baking powder
- 1 tsp cinnamon
- 1/2 tsp nutmeg
- 1 egg
- 1/2 cup milk
- 1/2 cup mashed pumpkin
- 1/4 vegetable oil
- 1 cup raisins

Mix dry ingredients together. Beat egg slightly then combine with milk, pumpkin and oil. Add wet ingredients to dry all at once and stir until combined. Batter should be lumpy. Fold in raisins. Fill grease muffin cups 2/3 full bake for 20-25 min at 400 degrees. Makes 12 muffins.

School Readiness Checklist

Preparing preschoolers for kindergarten is an important role for all providers. Use the list below to help guide activities for the young children in your care.

FINE MOTOR SKILLS

- Puts a 10-12 piece puzzle together
- Holds scissors correctly
- Holds a pencil or crayon correctly

GROSS MOTOR SKILLS

- Runs, jumps and skips
- Walks backwards
- Walks up and down stairs

SOCIAL SKILLS

- Uses words instead of being physical when angry
- Speaks clearly so an adult can understand him/her
- Plays with other children
- Follows simple directions
- Expresses feelings and needs
- Goes to the bathroom by him/herself
- Waits his/her turn and shares
- Talks in sentences
- Asks questions about things around him/her
- Enjoys having books read to him/her
- Can tell a story about a past event

- Says please and thank you
- Can spend extended periods away from Mom and Dad

ACADEMIC SKILLS

- Recognizes shapes (square, circle, triangle, rectangle)
- Can sort items by color, shape and size
- Can identify six parts of his/her body
- Understands concept words such as up, down, in, out, behind, over
- Counts from 1 to 10
- Recognizes five colors
- Tries to write his/her name

PERSONAL INFORMATION

- Knows his/her full name
- Knows how old he/she is
- Knows his/her address and telephone number
- Knows his/her mother's and father's first names



HEALTH INSURANCE COVERAGE

Pennsylvania has low cost health insurance available for children and adults. The children's program (CHIP) is for uninsured children under the age of 19 and covers doctor visits, immunizations, emergency care, prescription drugs, dental, vision and hearing care. The cost is dependant upon family size and income but would not exceed \$30 per month.

Adult Basic, for uninsured adults costs \$30 per month and covers doctors visits, testings, emergency care, hospitalization, maternity, outpatient surgery, home health care, etc.

If you have parents or staff who are interested in learning more have them call 1-800-543-7105.